

**HOLY CROSS COLLEGE (AUTONOMOUS), TIRUCHIRAPPALLI**  
**WOMEN'S STUDIES CENTRE**  
**CERTIFICATE COURSE IN GENDER AND DEVELOPMENT (2022 – 2023)**

Total number of hours: 450

No. of credits: 30

**Objectives of the Course:**

- To acquaint learners with various aspects of Gender, health and work in different contexts
- To impart knowledge and skills in various aspects of gender mainstreaming, policy initiative by government
- To develop critical and creative thinking on various socio cultural taboos
- To increase women's voice in decision – making, leadership and peace-building
- To disseminate information on gender and development issues and women's empowerment at different levels.
- To sensitize participants to the importance of developing a clear gender-friendly vision and mission that will serve as guiding principles for their career and personal life.
- Providing a forum for debate, discussion and dissemination of information on all aspects of gender

<b>PAPER - I</b>	<b>CODE</b>	<b>HOURS</b>
Gender Equality and Women's Empowerment	A12WS1CRGT1	150
<b>PAPER – II</b>		
Gender and Health	A12WS1CRGT2	150
<b>PAPER – III</b>		
Gender and Work	A12WS1CRGT3	150

DURATION : 6 Months  
ELIGIBILITY : XII std. pass

**HOLY CROSS COLLEGE (AUTONOMOUS), TIRUCHIRAPPALLI**  
**WOMEN'S STUDIES CENTRE**  
**CERTIFICATE COURSE IN GENDER AND DEVELOPMENT (2022 – 2023)**

**PAPER - I GENDER EQUALITY AND WOMEN'S EMPOWERMENT**

TOTAL NO. OF HOURS: 150

CODES: A12WS1CRGT1

NO. OF CREDITS : 10

**Learner Objectives:**

- ❖ To develop an understanding of basic concepts and approaches for analyzing roles, relationships and situations from a gender perspective
- ❖ To make them aware of equal access to gender-responsive health and education services
- ❖ To help the participants' understanding of the basic concepts of development with reference to gender and development
- ❖ To increase sensitivity to a broad range of gender issues at personal, interpersonal, institutional and community levels
- ❖ To make them explain how institutions and systems in their culture create and maintain gender stereotypes

**Unit-I Concepts of Gender**

Definition- Meaning and Scope of Women and development-Concepts of Gender - Sex-Gender Perspective-Gender Gap - Gender Sensitization- Gender Stereotype- Gender Role-Sex Role- Strategic Gender Needs & Practical Gender Needs-Gender Mainstreaming- Gender Budgeting- Patriarchy - Matriarchy - Gender Lens

**Unit-II Approaches to Gender and Development**

Empowerment–Development Approaches – WID-WAD-GAD-MDGs- Gender Planning – Human development Index – Gender Development Index(GDI)- Gender Empowerment Measures(GEM)– MDGs -Mainstreaming Gender development policies

**Unit-III Areas of Gender Inequalities**

Areas of Gender Inequalities – Caste, Class and Gender systems - Sex ratio – Nutrition and Health – Age at Marriage – Sexuality - Literacy – Education – Employment – Decision making – Property rights – Political participation – Violence on Women and Girls – Role of media in Gender stereotyping and gender reinforcement.

**Unit-IV International Perspectives on Gender**

International Initiatives for Women's Development-Women's Conferences – Mexico, Copenhagen, Nairobi, Beijing –International Women's Year International Women's Decade-- Women's Day observation

## **Unit-V        Policies and Services for Gender Development**

Women Development through five year plans -National Policy for the Empowerment of Women – 2001- International, National and the State Government Policies for Gender Development,

\*There will be 75 marks for theory paper and 25 marks for internal assessment

### **Texts:**

- Aruna Goel, Organisation and structure of women Development and Empowerment (2004), Deep and Deep Publications, New Delhi
- Bhavana Trivedi & Sangeeta Jain,ed. Matrix of Gender Issues (2010), Discovery Publishing House Pvt. Ltd, New Delhi
- Gupta, K.R., Gender Problems and Policies (2009), Atlantic Publishers & Distributers (P) Ltd, New Delhi
- Jayapalan, N. Women Studies (2000), Atlantic Publishers and Distributors, New Delhi
- Kumar Das, Gender Dynamics in Economic Development of India (2009), Reference Press, New Delhi
- Mira Seth, The Women and Development: the Indian Experience (2001), Sage Publication, New Delhi



## **Unit-V**

## **Health Care Policies and Services**

Health for All -International Initiatives - ICPD– Millennium Development Goals(MDGs)  
National Initiatives– National Health Policies- Population Policy 2000 – MCH to RCH  
Approaches-Impact of Population Policies-Role of National & International Organizations –  
MoHFW,- NACO- WHO, UNICEF, etc

\*There will be 75 marks for theory paper and 25 marks for internal assessment

### **Texts**

- Aruna Goel, Organisation and structure of women Development and Empowerment (2004), Deep and Deep Publications, New Delhi
- Jhansi, S.C. , Women and Reproductive Health (2010), Shipra Publications, Delhi
- Mishra.S, Women's Health and Social Issues (2011), Arise Publishers & Distributors, New Delhi
- Parvesh Handa, Encyclopaedia fo Women Health (2006), Gyan Publishing House, New Delhi
- Suvarna sen,ed. Gender and Development (2006), ICFAI University Press, Hyderabad
- Verma,H.S. Verma & Nadeem Hasnain,ed. Study of Women's Problems in India (2009), Serials Publications, New Delhi



## **Unit-V**

## **Labour Policies and Unions**

Role of Trade Unions - National & International Initiatives to promote Economic Development of women: ILO - WTO - UN - Ministry of Labour - NABARD - NIESBUD - DIC - DRDA - PMEGP - Micro finance - SHGs - IAY - KVIC - RMK - WBG.

\*There will be 75 marks for theory paper and 25 marks for internal assessment

### **Texts**

- Aruna Goel, Organisation and structure of women Development and Empowerment (2004), Deep and Deep Publications, New Delhi
- Anjali Banerji & Raj Kumar Sen,eds. Women and Economic Development (2000), Deep & Deep Publication Pvt. Ltd., New Delhi
- Gupta, K.R., Gender, Problems and Policies (2009), Atlantic Publishers & Distributors (P) Ltd, New Delhi
- Kalpana Majumdas, Women & Work, Barriers and Strategies (2011), Pacific Publication, Delhi
- Kumar Das, Gender Dynamics in Economic Development of India (2009), Reference Press, New Delhi
- Pam Rajput & Hem Lata Swarap,ed. Women & Globalisation (1994), Ashish Publishing House, New Delhi
- Raj Mohini Sethi (Editor), Globalisation, Culture and Women's Development (1999), Rawat Publications, Jaipur.